

Everybody needs good neighbours this winter

Could you be a n**ICE** neighbour this winter by helping vulnerable and elderly people in your community?

Why not be your neighbour's In Case of Emergency (ICE) contact this winter? It could be as simple as providing your phone number to help during bad weather to:

- pick up essential prescriptions;
- pick up food and / or drink;
- contact utility companies if they have a problem with heat or water during a cold snap;
- help arrange transport to vital hospital or doctor's appointments;
- contact their family in a major emergency.

Alternatively, you could clear snowy/ icy footpaths outside vulnerable neighbours' homes or ask if they need anything from the shops when it's particularly bad weather.

More information can be found at
www.bracknell-forest.gov.uk/emergenciesweather