



Important Health News: Is your child up to date with their immunisations?

There are a number of serious diseases, such as measles, mumps and rubella, that are preventable through the timely vaccination of your child.



Vaccinations are quick, safe and extremely effective.

Once your child has been vaccinated against a disease, their body can fight it more effectively. If a child isn't vaccinated, they remain at risk of catching the illness and of passing infection on to others.

To fully protect your child against measles, mumps and rubella (MMR) you need to make sure your child has had the second dose of the vaccine at age 3 years 4 months, or shortly thereafter – **ie before your child starts school.**

There's a recommended timetable for routine childhood vaccinations. This timetable has been timed to give children the best chance of developing protection against preventable diseases safely and effectively.

If your child has missed an appointment or you delayed an immunisation, it is possible to continue the immunisation schedule without having to start again. Please contact your GP surgery to make a new appointment.

If you're not sure whether you or your child has had all your routine vaccinations, ask your GP or practice nurse to find out for you.

For further information on vaccination visit:

<http://www.nhs.uk/Conditions/vaccinations/Pages/vaccination-schedule-age-checklist.aspx>

To get a personalised, printable planner of your child's vaccinations, based on their date of birth visit:

<http://www.nhs.uk/Tools/Pages/NHsvaccinationplanner.aspx#close>