

Sessions Explained

Bumps & Babies

Friendly, welcoming session for families to get advice, have a cuppa and to meet new people who are expecting or have babies that are similar ages. (suitable for babies before they become mobile).

Well Baby Clinic

Weigh your baby and speak to a Health Visitor. Please check your red book for the dates and locations of all clinics in Bracknell Forest.

Baby Massage

5 week course to learn new massage techniques to use on your baby. Please book members £10 non members £20 for whole course.

Family Play Together - Stay and Play

A fun and interactive play session developed to support your child's play and developing needs. Meet other parents and find out about what other services are available. A fruit snack and tea and coffees are provided. Donations welcome

Midwifery Drop - In

These sessions are for you to drop in and see a midwife with any antenatal or postnatal questions you might have, or for a routine appointment if you are unable to be seen at your GP surgery. You do not need an appointment but will be seen on a first come first seen basis.

Family Play Together Messy Play

Babies learn through sensory play, they love to feel, smell and look at things. This session is open to all ages but will be most beneficial for children from 3 -months +. You may need to bring a change of clothes for your child.

New Mum's Post - Natal group Drop-in

Sessions are free of charge. Suitable for first time mum's with babies up to approx. 9 months. Offering help, information and advice from a Nursery Nurse.

Friday Family Group

A weekly themed activity, offering sensory, construction, Arts, Crafts and a baby area followed by singing then a sit down lunch.

Time Out Parenting

5 week course to talk about communication, having fun, good relationships, confidence, behaviour and much more

Solihull Parenting Course

10 week course helping you understand and manage your child's behaviour

Ask Maria

Come and ask Maria for 1-1 advice and support on parenting related questions

SMART Group

A weekly group for mothers and babies to help support mothers through recovery. Come along with your child and share your experiences with other women in a safe, caring and non-judgemental environment.

New Baby Programme

6 week information and advice programme for new mums.

S.A.L.T

For support and advice on your child's speech development. Assessments are carried out through play and are held in a friendly and welcoming environment. Free and no need to book.

PEEP

This is a 5 -10 week course. You will be 'Learning Together' by using the fun of talking, listening, playing, singing and sharing books together.

The Willows and Maples Children's Centre

"Making a difference every day"



Activity Schedule From April 2015

Parking: There is visitor parking on this site.

Refreshments are provided so please do not bring in your own food and drink (including sweets, crisps, drinks and snacks).

The Willows and Maples Children's Centre
Priestwood Court Rd
Bracknell
RG42 1TU
01344 354450

find us on facebook



Weekly Programme

Monday

Pre – School PEEP at Holly Spring school

8:50am - 9.50am
(Term time only)
Suitable for ages 2-3yrs only
(Invite only)

New Mum's Post - Natal drop-in at The Willows CC

10.00am - 11.45am
Suitable for ages 0 - 9mths

Tuesday

Well Baby Clinic at The Willows CC

9.30am - 11.30am

Bumps & Babies at The Willows CC

9.30am - 11.30am
Suitable for 0-2yrs

Pre – School PEEP at Little Acorns

9.00am - 10.00am
(Term time only)
Suitable for ages 2-3yrs only
(Invite only)

Midwifery Drop -In Clinic at The Willows CC

10.00am - 11.30am

Baby Massage at The Willows CC

2.00pm-3.00pm
(Term time only)
Suitable for ages 0 - 26wks
Please call for details

Family Play Together - Stay & Play at Whitegrove Community Centre

1.30pm - 3.00pm
(Term time only)
Suitable for ages 0-5yrs

Wednesday

SALT - (Speech and Language Therapy) at The Willow CC

9.00am - 11.30am
(Not the 1st weds of the month)

Solihull Parenting Course at Priestwood Community Centre

9.30am - 11.30am
(Term time only)
Please call to book a place or for details of the next available course

New Baby Programme at The Willows CC

10.00pm - 11.30pm
(Term time only)
Please call to book a place or for details of the next available course.
(Starting May 6th)

Weekly Programme

Thursday

Family Play Together - Messy Play at The Willows CC

10.00 am - 11.00am
(Term time only)
Suitable for ages 0-5yrs

Midwifery Drop - In Clinic at The Willows CC

10.00am - 11.30am

SMART Group at The Willows CC

1.30pm-2.30pm
Suitable for ages 0-4yrs

Friday

Baby PEEP

9.30am - 10.30am
(Term time only)
(Invite Only)

Ask Maria at The Willows

9.15am, 10.15am & 11.15am
Appointments.
To book a space then please call Maria on 01344 354200 or email willows& maples childrenscentre@bracknell-forest.gov.uk
(every 3rd Friday of the month)

Friday Family Group at The Willows CC

11.30am- 13.00pm
(Term time only)
Lunch is provided as part of the group.
Please arrive at 11.30am
(Invite Only)

Saturday

Midwifery Ante - Natal Clinic at The Willows CC
for expectant parents.
9.00am - 5.00pm
Appointment Only

Sunday

Little Rugby sessions for under fives.

9.30 – 10.15am
Junior rugby for ages 2.5 to 3.5 years.

10.30 – 11.15am
Mighty Rugby for ages 3.5 – 5 years.

Please contact Robert Webb on 01276 600393 or rwebb@littlekickers.co.uk

find us on facebook

We use Facebook for updates on all our sessions.

Please like us so that we can let you know about our latest events and news.