



Mind and Body

Whether it's gruesome facts about the body or a story that test your mind, you'll find it at your nearest library. You'll find the factual stuff at 610 onwards and some at 158. The books listed below are a small sample of the books we have.....you'll find a mix of fact and fiction amongst this list.

Arnold, Nick. Measly medicine.

This is a romp through the history of healthcare, hosted by the inimitable Dr Grimgrave. It includes chapters on ancient medicine - Stone Age trepanning, Chinese medicine, Romans, Greeks: the dodgy diagnostics of the Middle Ages; the bloody operations before anaesthetics and hygiene were implemented; Florence Nightingale's nursing revolution and development of public health; Life-saving surgery available today, including plastic surgery and transplants; and modern miracles - new drugs and treatment. (Factual)

Brooks, Kevin. Being.

16-year-old Robert lies anaesthetized. A routine operation has just gone wrong. As Robert slowly wakes, he can hear, he can feel, but he can't scream. The operation isn't over. But life, as Robert knows it, is. He goes on the run, terrified and desperate for answers. But what if the answers are too terrifying to face? (Teenage fiction)

Burgess, Melvin. Sara's face

Sarah is going to have a face transplant. She has allowed herself to be drawn into the orbit of a ruthless pop-star. He is going to take her discarded face to cover his own scarred and damaged one. But, as the time of the operation approaches, those closest to her suspect that Sarah is changing her mind. Is she being pressured into it? (Teenage fiction)

Clarke, Jane. No nits!

The royal family of the Kingdom of Hairia love their hair - it's what they live for. But - shock, horror - the whole kingdom has just had its first bad hair day - there are nits everywhere. No one knows what to do. Can Princess Primrose come up with the idea that will see the lice off once and for all? (Fiction)

Keaney, Brian. The hollow people.

Dante is a kitchen boy at a sinister institution on the island of Tarnagar. The teachings of Dr Sigmundus hold sway, and everyone has to take ichor when they come of age. No one has dreams after taking ichor. Bea is the privileged daughter of doctors who dreams of a ruined city. When a dangerous new inmate arrives, he stops time and opens up a new world for Dante and Bea. (Fiction)

Knighton, Kate. Why shouldn't I eat junk food?

Written in a conversational style, this book offers an approachable source of information on key subjects such as food labelling, the effects of eating too much junk food, the importance of a varied diet and how food is grown. (Factual)

Morgan, Nicola. Blame my brain.

Nicola Morgan's accessible and humorous examination of the ups and downs of the teenage brain deals with powerful emotions, the need for more sleep, the urge to take risks, the difference between genders, the reasons behind addiction and depression, and what lies ahead. (Teenage factual).

Muchamore, Robert. The sleepwalker

An airliner explodes over the Atlantic leaving 345 people dead. Crash investigators suspect terrorism, but they're getting nowhere. A distressed twelve-year-old calls a police hotline and blames his father for the explosion. It could be a breakthrough, but there's no hard evidence and the boy has a history of violence and emotional problems. Only CHERUB agents can unearth the truth. They're trained professionals with one essential advantage: adults never suspect that children are spying on them. For official purposes, these children do not exist. (Fiction)

Valentine, Jenny. Broken soup.

When the good-looking boy with the American accent presses the dropped negative into Rowan's hand, she's sure it's all a big mistake. But next moment he's gone, lost in the crowd of bustling shoppers. So when she finds out that Bee from school saw the whole thing, it piques her curiosity. Who was the boy? Why was he so insistent that the negative belonged to Rowan? Bee invites Rowan to her house where they make a print of the negative. And the face that appears in front of Rowan's eyes is that of her dead brother Jack! (Teenage fiction)

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