

Walk to School Week

Ideas for Schools

- **Dressing up** - ask children to dress up for their walk to school, maybe you can make the theme relevant to another area of school work for example their favourite character from a book they have read
- **Make it competitive** – see which class, or which year group can get the most number of people walking to school and have a simple prize
- **Green trees** – in art class, ask each year group to make green and brown leaves. Then paint a large tree for each year group to put on the wall in the main hall or in reception, and add a green leaf for every non-car journey and a brown leaf for every car journey made by pupils and see which year group has the healthiest tree at the end of the week
- **Find and seek** – download Walk to School Find and Seek sheets from the Council's web site and ask children to tick off the number of different sights they see as they walk to school, there is one sheet for each day of the week
- **Walking songs** – each day in assembly, play a walking related song eg These Boots are Made for Walking, I Would Walk 500 Hundred Miles etc
- **Park and Stride** – for children who live too far away to walk or cycle suggest parents park some distance from the school and walk the last part of their journey.
- **Walking Buddies** – for children who are not used to walking to school, try to pair them up with children and parents who live near them who regularly walk