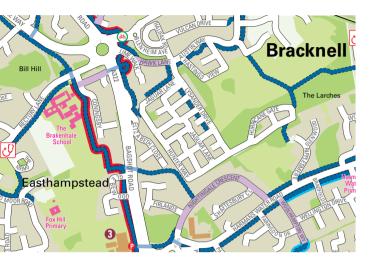


4th edition

A map and guide to cycling information

CYCLING IN BRACKNELL **FOREST**



Get fit Save money Have fun



CYCLING IN **BRACKNELL FOREST**

There are over 100km of cycle routes in Bracknell Forest, which can be enjoyed as a healthy and cost effective way of getting about, or simply for leisure and pleasure. One in five of the trips we make are less than one mile in length, and two out of every five trips are less than two miles, a distance which can be cycled in about 15 minutes. So why not get your bike out and see what the Borough has



CONTACT US

Help us to maintain the roads, pavements and cycleways by letting us know when something is not right.

Go to the Council website at www.bracknell-forest.gov.uk and fill out a road repairs and issues form.



CYCLE TRAINING

On-road Bikeability cycle training is offered to children who are over 10 years old

The training aims to encourage safe cycling by improving skills, knowledge and attitudes, and improving behaviour and hazard awareness

If you would like to know more about Bikeability cycle training visit www.bikeability.org.uk Please contact your child's school to find out if they have any courses planned.

For adult cycle training information contact Cycling UK: www.cyclinguk.org

TIPS FOR SAFER CYCLING

When cycling on routes shared with pedestrians, always warn others of your presence by use of a bell, adjust your speed accordingly, and avoid cycling too closely. Some pedestrians may be visually or hearing impaired so please take extra care

Take care when leaving cycle routes to join the main traffic

A bike is very mobile in traffic but sudden swerves and zigzagging cannot be anticipated by motorists

Look behind and signal clearly and in good time before making a manoeuvre

Be seen. Bright and reflective clothing helps both day and night in addition to cycle lights

Always wear a cycle helmet

Plan your route to avoid heavy traffic if possible. Use cycle tracks and cycle routes when they are available

Before you set off, ensure your cycle is in good working order

Be aware that some bridges/paths are not cycle routes but links joining cycleways, therefore cyclists should dismount for their own safety and that of pedestrians.

CYCLE PARKING

There are numerous places to park your cycle throughout the borough. We have indicated where cycle parking facilities are available at popular destinations, but there are many more.

When parking your bike, please remember these basic guidelines;

Park your bike where it is clearly visible to passers by, or is overlooked

Lock the frame to something solid and immovable

Take any removable parts such as lights with you.

CYCLES BY RAIL

There are cycle parking facilities at all rail stations in Bracknell Forest. Accompanied bicycles are carried free of charge on most rail services subject to available space. However, some restrictions may apply at peak periods.

For more information, contact your service provider;

National Rail Enquiries **Tel:** 0345 748 4950

South Western Railway Tel: 0345 6000 650 Great Western Railway Tel: 0345 700 0125

KNOW THE SIGNS

Shared-use path: a shared-use path is one which can be used by cyclists as well as pedestrians. On such paths, cyclists must give way to pedestrians.



Segregated shared-use path: a segregated shared-use path is one which has some form of physical separation distinguishing the cyclist and pedestrian areas – usually a delineator white line, a raised white line or a kerb.



Cycle route: for use by cyclists only.



Direction sign: showing recommended route.



Direction sign: showing National Cycle Network 422 Newbury to Ascot.



Cycle route ahead



No cycling: please note that cycling IS NOT permitted in the pedestrianised shopping zone in Bracknell Town centre – police officers have the powers to issue fixed penalty notices to anyone caught cycling in the pedestrianised zone.

LEISURE CYCLING

The maps contained within this leaflet show the network of dedicated and shared-use cycle paths throughout the borough. While most routes are not on the road, they mainly consist of asphalt covered paths.

In terms of true 'off-road' cycling, Bracknell Forest has a lot to offer with quiet country lanes and public rights of way to the north of the borough and the large area of Swinley Forest to

To find out more about cycling in Swinley Forest go to www.swinleybikehub.com/trails

www.windsorgreatpark.co.uk/en/activities/mountainbiking-at-swinley-forest

The following types of public right of way are open to cyclists:

Bridleways



Open to cyclists, but you must give way to walkers and horse riders. Bridleways are signposted where they meet roads and waymarked along the route with blue arrows.

Byways Open To All Traffic (BOATs) and Restricted Byways



As well as walkers and horse riders you may occasionally meet vehicles which also have right of access. These routes are signposted where they meet roads. Byways are marked with a red arrow and Restricted Byways are marked with a purple arrow.

COLOUR CODED ROUTES

Some key sections of the cycle network benefit from colour coded signage to make them easy to follow, and are highlighted on the map.

Blue route: Coral Reef to Lily Hill Park circular.



Red route: The Look Out Discovery Centre and Coral Reef Waterworld to Bracknell town centre.



Yellow route: Bracknell town centre via Wildridings, Great Hollands and Hanworth to South Hill Park.

Green route: Bracknell town centre to Ascot.

You can pick up a route specific map from your local library, or download from www.bracknell-forest.gov.uk/roadsparking-and-transport/travel-and-public-transport/cyclingbracknell-forest

CYCLE SHOPS



Berkshire Cycle Co

Berkshire House, 207 High Street, Crowthorne RG45 7AQ **Tel:** 01344 761159



Halfords

Skimped Hill Lane, Bracknell, RG12 1EN Tel: 01344 862166

Swinley Bike Hub

Swinley Forest, Bracknell, RG12 7QW **Tel:** 01344 360229

LEISURE INTEREST SITES

- The Point
- Bracknell Sport and Leisure Centre
- **Harmans Water Swimming Pool**
- O Downshire Golf Club
- South Hill Park Arts Centre
- Royal County of Berkshire Health and Racquets Club
- Coral Reef
- The Look Out
- **Edgbarrow Sports Centre**
- **Horseshoe Lake Watersports Centre**
- **Sandhurst Sports Centre**

