

### **Bracknell Community Team** for People with a Learning **Disability (CTPLD)**

**Team Leaflet** 



Healthcare from the heart of your **community** 

Berkshire Healthcare **NHS** NHS Foundation Trust



### If you are:

- 18 years old or nearly 18 years old
- Have a learning disability
- Live in Bracknell

Then you are entitled to an assessment.

Carers are also entitled to an assessment.

You can contact us and we will send someone out to speak to you.

Friends and family can help you say what you need or we can find you an advocate (someone who can help you say what you want).

For more information, go to:

http://www.justadvocacy.org.uk/

For more information on eligibility, go to: http://www.gov.uk/government/uploads/system/uploads/ attachment\_data/file/365345/Making\_Sure\_the\_Care\_ Act\_Works\_EASY\_READ.pdf

https://www.gov.uk/government/uploads/system/ uploads/attachment\_data/file/366083/Factsheet\_3\_-\_ Assessments\_and\_eligibility.pdf



#### How to get in touch with us:



1st Floor South Time Square Market Street Bracknell RG12 1JD



01344 354466



duty.ctpld@bracknell-forest.gov.uk

Our administration team will help you to get through to the right person.

#### Who works in the Bracknell CTPLD team?



- a social care team
- a challenging behaviour specialist
- psychiatrists
- learning disability nurses
- psychologists
- a physiotherapist
- a dietitian
- a speech and language therapist
- an occupational therapist
- health support workers

#### How will the Social Care Team help you?

We will support you to identify the help you need.

We will talk to you about what you want in your life and how you want to live it.

Together we create a plan.

We will help you to feel and stay safe.

If you are not yet 18 years old, we will help you decide what you want to do when you become an adult.

# How will the Challenging Behaviour Specialist help you?



Help you and other people understand your behaviour.

Help you manage your behaviour.

#### How will the Psychiatrist help you?

Talk with you and give advice about your mental health.



Make sure that you are taking the right tablets.

# How will the Learning Disability Nurse help you?



Check your health.

Help you get the health care that you need.



Talk to you about how to stay healthy.



Help you if you need to go to hospital or health appointments.

#### How will the Psychologist help you?

Help you understand about how you feel.



Talk to you alone and in private.

Help you to know about your behaviour.

#### How will the Physiotherapist help you?



Help you keep active.

Help you keep moving.

Help you go to clinics if you need to.

#### How will the Dietitian help you?



Talk to you about diet and eating healthy food.

Help you with planning your meals.

#### How will the Speech and Language Therapist help you?



Help you with your communication

Help you if you cough when you eat and drink.

# How will the Occupational Therapist help you?



Help you learn new skills.

Help you work in groups.

Give advice about equipment to help you.

# How will the Health Support Worker help you?



Help the CTPLD team to keep you healthy.



Help you to get to health appointments at the hospital or doctor.

### **Your Rights**



If you are happy about the service, tell us!



If you are unhappy about the service, you can contact our Complaints Service:



01344 351736



asc.complaints@bracknell-forest.gov.uk

### You have the right to a second opinion. If you are not happy with what someone has said, you can meet someone else.

Tell us!