

We are SiLSiP (Say it Loud Say it Proud) Bracknell Forest Children in Care council. We shared our views with Managers about what's important to us when our Social Workers visit us. They listened and together we agreed this booklet.

If you feel some of these things are not happening then talk to your social worker, their manager, your carer, or your Independent Reviewing Officer (IRO), or you can ask for an Advocate if you need support getting your views heard.

We hope this helps.





Feeling comfortable to talk to someone new is important to me.

Being able to talk to someone about really important things is sometimes not easy.

It may take time, but you need to earn and build my trust.

I do understand that you need to make sure the place I live is safe so most of the time you will need to see me there. If you have not met me before then please, try and get to know me before asking me to talk about things that are important.

Some children find it easier to talk in places they do not live so please talk to me about sometimes taking me to different places for us to talk like going for a drive or for a drink.



My time is important to me so for planned visits:

My social worker will tell me the date and time of the next visit at the end of every visit so I can make sure it does not interfere with any plans I may have.

My social worker will be on time when they come and see me.

Where possible my social worker will see me at a time that is convenient for me.

I will make sure that I am at home for the time my social worker is coming to visit.



My education is important to me so for planned visits and meetings:

My social worker will not see me at school, unless I am happy with it.

I will not be asked to miss any lessons to see my social worker or for meetings. My social worker will encourage and support me in achieving the best I can.

My social worker will help me by not allowing me to miss any time at school.



My privacy is important to me.

My social worker will make sure that when they see me and talk to me about important things that we do this in a private space where others cannot hear. My social worker will tell me if they are going to share information, I have told them with other people.



Where I live is important to me

My social worker will talk to me and understand my views on where I live.



Who I see is important to me.

My social worker will talk to me about the people I want to see.



My identity Is important to me.

My social worker will listen to me to understand my identity and culture and will make sure that these are considered.



My wishes and feelings are important to me.

My social worker will ask me about things which will affect me and listen to my views.

My social worker will explain things in a way that suit my age and understanding. I understand that sometimes my wishes and feeling will not be agreed with, but my social worker will help me understand why and if I am still not clear they will help me speak to a manager.

My social worker will help me use the Mind of My Own app so I can share my views and how I am feeling with my social worker at any time or I can ask to see my social worker at any time by contacting them.

I understand that sometimes my social worker might need to see me at short notice if there is something important.

But I still want my social worker to consider the above

Participation worker 01344 351546 or scan the code.

My social worker is	their manager is
and they car	n be contacted on
telephone number and	
email	
Other contacts: For an advocate ask your carer, IRO or contact the	

You can also visit:

www.bracknell-forest.gov.uk/cypsupport

To find out about SiLSiP contact Participation Worker 01344 351 546



