

Caring for our Carers

- the next five years



Our vision is for all carers living in Bracknell Forest to be recognised and valued in their community, supported in achieving their own aspirations and helped in their caring role.



We will do this **by recognising and supporting carers in the wider community.** We will make sure carers can easily get information and advice.



We know carers want to be able to socialise with friends and family so we will make sure there are **services and**

support that works for carers so that they can have recreation and a break from caring.

Many carers have jobs outside the home. We will assist carers with their **employment and financial wellbeing** by supporting carers who wish to stay in work and helping carers maximise their benefits.



Young carers often feel alone with no support and don't know where to find help. We will make sure that young carers have the information they need and know where to go for help. Young carers will be helped to stay in school, and we will make sure their caring does not stop this.



When young carers reach 18 years old, they can no longer be supported by our young carers service. They are now an adult. But most 18–29-year-olds find adult services don't offer the support they need. We will make sure we are **supporting young adult carers.**

