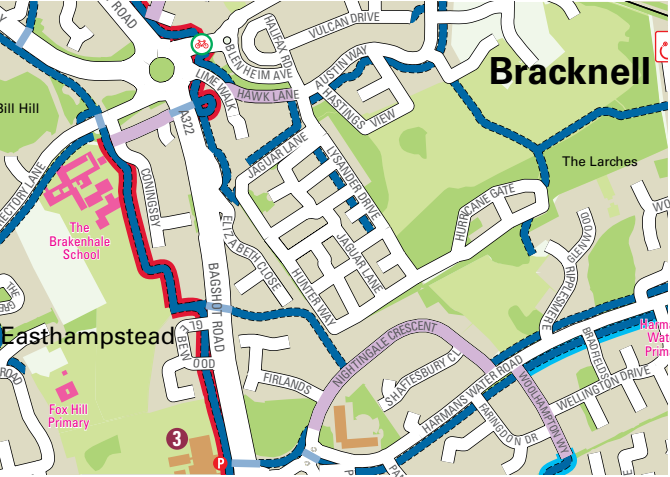


5th edition

A map and guide to cycling information

CYCLING IN BRACKNELL FOREST



Get fit
Save money
Have fun

CYCLING IN BRACKNELL FOREST

There are over 100km of cycle routes in Bracknell Forest, which can be enjoyed as a healthy and cost effective way of getting about, or simply for leisure and pleasure. One in five of the trips we make are less than one mile in length, and two out of every five trips are less than two miles, a distance which can be cycled in about 15 minutes. So why not get your bike out and see what the Borough has to offer?



CONTACT US

Help us to maintain the roads, pavements and cycleways by letting us know when something is not right.

Go to the Council website at www.bracknell-forest.gov.uk and fill out a road repairs and issues form.

CYCLE TRAINING

- Bikeability cycle training is offered to all primary schools in the Borough. Our training provider also offers school holiday courses, and training for teenagers, adults and families.
- The training aims to encourage safe cycling by improving skills, knowledge and attitudes, and improving behaviour and hazard awareness
- If you would like to know more about Bikeability cycle training visit www.bikeability.org.uk Please contact your child's school to find out if they have any courses planned.
- For adult cycle training information contact Cycling UK: www.cyclinguk.org

TIPS FOR SAFER CYCLING

- When cycling on routes shared with pedestrians, always warn others of your presence by use of a bell, adjust your speed accordingly, and avoid cycling too closely. Some pedestrians may be visually or hearing impaired so please take extra care
- Take care when leaving cycle routes to join the main traffic flow
- A bike is very mobile in traffic but sudden swerves and zig-zagging cannot be anticipated by motorists
- Look behind and signal clearly and in good time before making a manoeuvre
- Be seen. Bright and reflective clothing helps both day and night in addition to cycle lights
- Always wear a cycle helmet
- Plan your route to avoid heavy traffic if possible. Use cycle tracks and cycle routes when they are available
- Before you set off, ensure your cycle is in good working order
- Be aware that some bridges/paths are not cycle routes but links joining cycleways, therefore cyclists should dismount for their own safety and that of pedestrians.

CYCLE PARKING

There are numerous places to park your cycle throughout the borough. We have indicated where cycle parking facilities are available at popular destinations, but there are many more.

In Bracknell town centre you can now pay a small fee to park your cycle in a more secure locker. For more details go to www.spokesafe.com/bracknell or download the Spokesafe app

When parking your bike, please remember these basic guidelines;

- Park your bike where it is clearly visible to passers by, or is overlooked
- Lock the frame to something solid and immovable
- Take any removable parts such as lights with you.

CYCLES BY RAIL

There are cycle parking facilities at all rail stations in Bracknell Forest. Accompanied bicycles are carried free of charge on most rail services subject to available space. However, some restrictions may apply at peak periods.

For more information check with the rail service provider.

KNOW THE SIGNS

-  **Shared-use path:** a shared-use path is one which can be used by cyclists as well as pedestrians. On such paths, cyclists must give way to pedestrians.
-  **Segregated shared-use path:** a segregated shared-use path is one which has some form of physical separation distinguishing the cyclist and pedestrian areas – usually a delineator white line, a raised white line or a kerb.
-  **Cycle route:** for use by cyclists only.
-  **Direction sign:** showing recommended route.
-  **Direction sign:** showing National Cycle Network 422 Newbury to Ascot.
-  **Cycle route ahead**
-  **No cycling:** please note that cycling **IS NOT** permitted in the pedestrianised shopping zone in Bracknell Town centre – police officers have the powers to issue fixed penalty notices to anyone caught cycling in the pedestrianised zone.

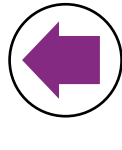
LEISURE CYCLING

The maps contained within this leaflet show the network of dedicated and shared-use cycle paths throughout the borough. While most routes are not on the road, they mainly consist of asphalt covered paths.

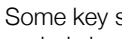
In terms of true 'off-road' cycling, Bracknell Forest has a lot to offer with quiet country lanes and public rights of way to the north of the borough and the large area of Swinley Forest to the south.

To find out more about cycling in Swinley Forest go to www.swinleybikehub.com/traills

The following types of public right of way are open to cyclists:

-  **Bridleways**
Open to cyclists, but you must give way to walkers and horse riders. Bridleways are signposted where they meet roads and waymarked along the route with blue arrows.
-  **Byways Open To All Traffic (BOATs) and Restricted Byways**
As well as walkers and horse riders you may occasionally meet vehicles which also have right of access. These routes are signposted where they meet roads. Byways are marked with a red arrow and Restricted Byways are marked with a purple arrow.
- 

COLOUR CODED ROUTES

-  **Blue route:** Coral Reef to Lily Hill Park circular.
-  **Red route:** The Look Out Discovery Centre and Coral Reef Waterworld to Bracknell town centre.
-  **Yellow route:** Bracknell town centre via Wildridings, Great Hollands and Hanworth to South Hill Park.
-  **Green route:** Bracknell town centre to Ascot.

You can download a colour coded route map from the cycling page of the council's website at www.bracknell-forest.gov.uk

CIRCULAR ROUTES

As well as the colour-coded routes there are also suggestions for circular routes making use of the traffic free network on the cycling page of the council website. You can download maps for these routes which range from 10km to 20km.

CYCLE SHOPS

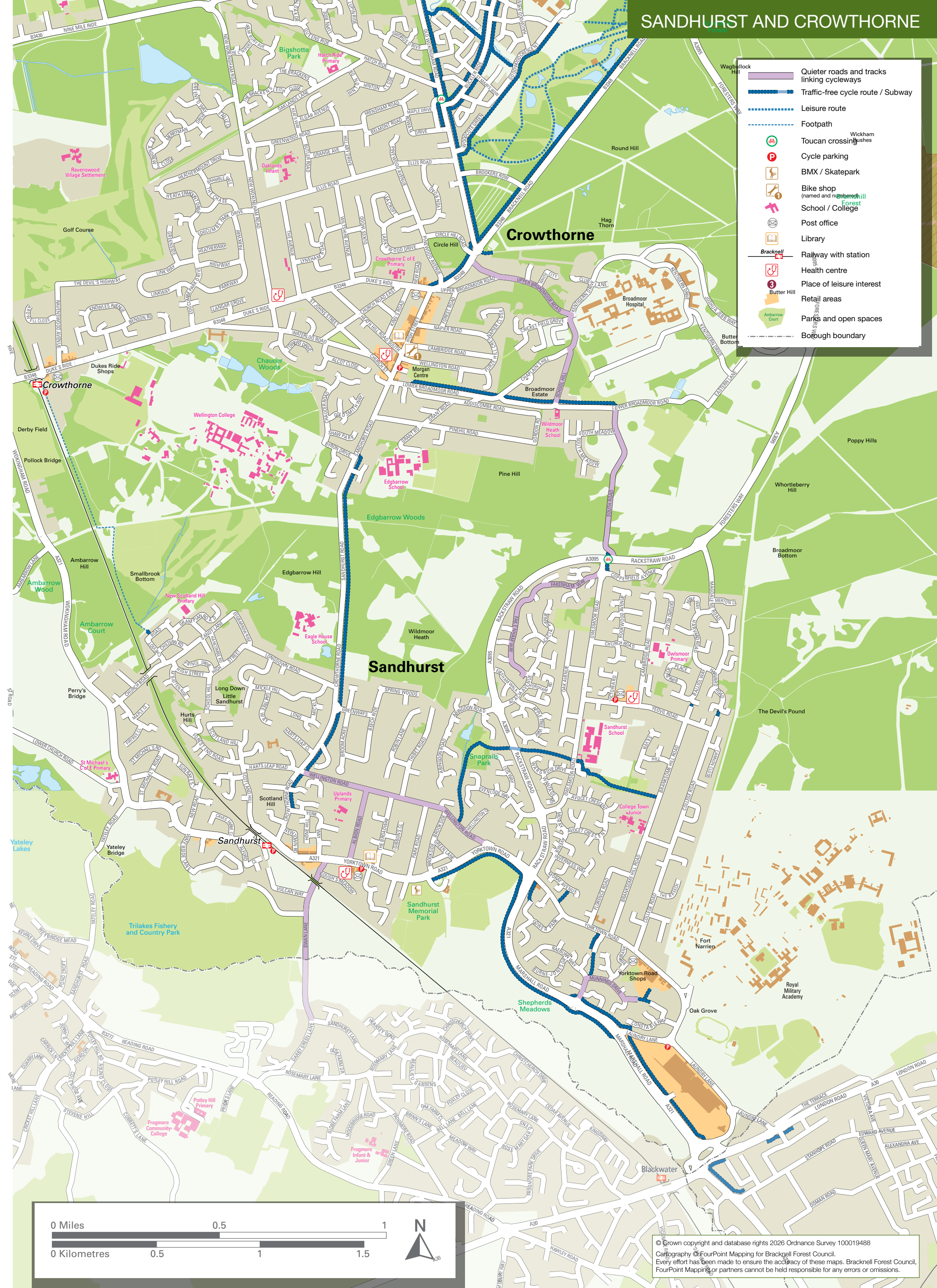
-  **Berkshire Cycle Co**
Berkshire House, 207 High Street, Crowthorne
RG45 7AQ
Tel: 01344 761159
-  **Halfords**
Skimped Hill Lane, Bracknell RG12 1EN
Tel: 01344 862166
-  **Trek Bicycle Bracknell**
Unit D Bond Way, Bracknell RG12 1NY
Tel: 01344 924444
-  **Evans Cycles**
7 Princess Square, The Lexicon, Bracknell, RG12 1LS
Tel: 0343 909 2985
-  **Swinley Bike Hub**
Swinley Forest, Bracknell RG12 7QW
Tel: 01344 360229

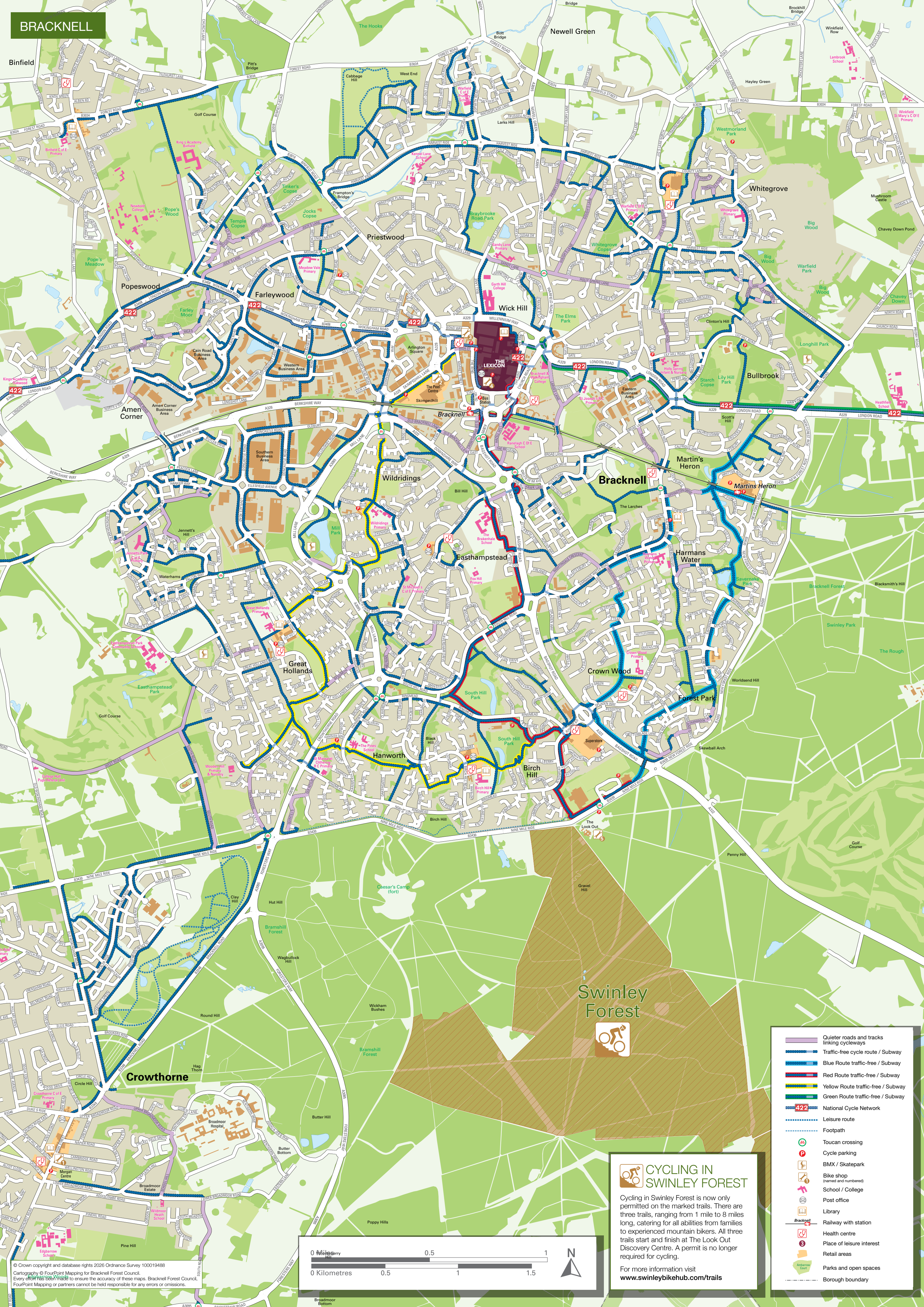
ECO REWARDS

Earn rewards for cycling and walking throughout the Borough! Sign up for Eco Rewards to find QR codes across the cycling network. The more codes you scan, the better your chances of winning exciting prizes. Plus, all active users can access discounts and rewards from over 2,000 online retailers. Log your cycling, walking, and active travel by scanning over 150 QR codes across Bracknell Forest using the app or reporting online.

Additional features include a carbon savings calculator, competitive league tables for schools, businesses, and community groups, as well as regular challenges, prize draws, and certificates to keep you motivated.

Join in logging your routes, achieving your goals, and getting active while contributing to a healthier planet!
www.ecorewards.co.uk/bracknell





CYCLING IN SWINLEY FOREST

Cycling in Swinley Forest is now only permitted on the marked trails. There are three trails, ranging from 1 mile to 8 miles long, catering for all abilities from families to experienced mountain bikers. All three trails start and finish at The Look Out Discovery Centre. A permit is no longer required for cycling.

For more information visit www.swinleybikehub.com/trails

- Quieter roads and tracks linking cycleways
- Traffic-free cycle route / Subway
- Blue Route traffic-free / Subway
- Red Route traffic-free / Subway
- Yellow Route traffic-free / Subway
- Green Route traffic-free / Subway
- National Cycle Network
- Leisure route
- Footpath
- Toucan crossing
- Cycle parking
- BMX / Skatepark
- Bike shop (named and numbered)
- School / College
- Post office
- Library
- Railway with station
- Health centre
- Place of leisure interest
- Retail areas
- Parks and open spaces
- Borough boundary