

# Week 1

WEEK COMMENCING: 16TH APR / 7TH MAY / 4TH JUNE / 25TH JUNE / 16TH JULY / 3RD SEP / 24TH SEP / 15TH OCT

## MONDAY

Chicken Sausage with Mash & Gravy

Vegetarian Sausage with Mash & Gravy **V**

Jacket Potato with Cheese **V**

Ham, Cheese or Tuna Mayo Roll

Peas  
Sweetcorn

Jam Sponge with Custard

## TUESDAY

Beef Pasta Bolognese

Summer Vegetable Quiche with Wedges **V**

Jacket Potato with Baked Beans **V**

Ham, Cheese or Tuna Mayo Roll

Cauliflower  
Green Beans

Apple Crumble with Cream

## WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy

Macaroni Cheese **V**

Jacket Potato with Salmon Mayo

Ham, Cheese or Tuna Mayo Roll

Broccoli  
Carrots

Oat & Raisin Biscuit

## THURSDAY

Meat Feast Pizza

Margherita Pizza **V**

Jacket Potato with Tuna Mayo

Ham, Cheese or Tuna Mayo Roll

Coleslaw  
Sweetcorn

Strawberry Jelly with Mandarins

## FRIDAY

Fish Fingers & Chips 

Roasted Vegetable Wrap **V**

Jacket Potato with Cheese **V**

Ham, Cheese or Tuna Mayo Roll

Baked Beans  
Peas

Banana Cake

# Week 2

WEEK COMMENCING: 23RD APR / 14TH MAY / 11TH JUNE / 2ND JULY / 23RD JULY / 10TH SEP / 1ST OCT

## MONDAY

Chicken Sausage with Potato Wedges & Gravy

Cheese & Vegetable Whirl with Potatoes **V**

Jacket Potato with Cheese **V**

Ham, Cheese or Tuna Mayo Roll

Green Beans  
Sweetcorn

Fruity Flapjack

## TUESDAY

Beef Lasagne

Sweet Potato & Lentil Curry with Rice **V**

Jacket Potato with Baked Beans **V**

Ham, Cheese or Tuna Mayo Roll

Broccoli  
Carrots

Apple Sponge with Custard

## WEDNESDAY

Roast Gammon with Roast Potatoes & Gravy

Macaroni Cheese **V**

Jacket Potato with Coleslaw **V**

Ham, Cheese or Tuna Mayo Roll

Peas  
White Cabbage

Orange Drizzle Cake

## THURSDAY

BBQ Chicken Pizza

Margherita Pizza **V**

Jacket Potato with Tuna Mayo

Ham, Cheese or Tuna Mayo Roll

Mixed Salad  
Sweetcorn

Strawberry Jelly & Mandarins

## FRIDAY

Fish Fingers & Chips 

Vegetarian Frankfurter with Chips **V**

Jacket Potato with Cheese **V**

Ham, Cheese or Tuna Mayo Roll

Baked Beans  
Peas

Chocolate & Beetroot Brownie

# Week 3

WEEK COMMENCING: 30TH APR / 21ST MAY / 18TH JUNE / 9TH JULY / 17TH SEP / 8TH OCT

## MONDAY

Beef Pasta Bolognese

Vegetarian Spaghetti Bolognese **V**

Jacket Potato with Cheese **V**

Ham, Cheese or Tuna Mayo Roll

Carrots  
Green Beans

Pear & Vanilla Sponge with Cream

## TUESDAY

Hunters Chicken with Wedges

Macaroni Cheese **V**

Jacket Potato with Baked Beans **V**

Ham, Cheese or Tuna Mayo Roll

Cauliflower  
Peas

Apple & Berry Crumble with Custard

## WEDNESDAY

Roast Pork with Roast Potatoes & Gravy

Roasted Vegetarian Strips with Roast Potatoes & Gravy **V**

Jacket Potato with Beans & Cheese **V**

Ham, Cheese or Tuna Mayo Roll

Carrots  
Green Beans

Lemon Drizzle Cake

## THURSDAY

Ham & Pineapple Pizza

Margherita Pizza **V**

Jacket Potato with Tuna Mayo

Ham, Cheese or Tuna Mayo Roll

Roasted Vegetables  
Sweetcorn

Berry Muffin

## FRIDAY

Fish Fingers & Chips 

Vegetable Puff with Chips **V**

Jacket Potato with Coleslaw **V**

Ham, Cheese or Tuna Mayo Roll

Baked Beans  
Peas

Oat & Sultana Biscuit

# The Guide to Goodness



AT LEAST 50% FRUIT

Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.

Whole Grain

We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.

